

GARMIN

Nazwa aktywności w Garminie	Nazwa aktywności w Activy
Running	Run/Bieg
Indoor Running	Run/Bieg
Obstacle Running	Run/Bieg
Street Running	Run/Bieg
Track Running	Run/Bieg
Trail Running	Trail_Run/Bieg trailowy
Treadmill Running	Virtual_Run/Bieżnia
Virtual Running	Virtual_Run/Bieżnia
Cycling	Bike/Rower
BMX	Bike/Rower
Cyclocross	Bike/Rower
Downhill Biking	Bike/Rower
Gravel/Unpaved Cycling	Gravel_Bike/Rower gravelowy
Indoor Cycling	Bike/Rower
Mountain Biking	Mountain_Bike/Rower górski
Recumbent Cycling	Bike/Rower
Track Cycling	Bike/Rower
Road Cycling	Bike/Rower
Virtual Cycling	Virtual_Bike/Trenażer
Bouldering	Climbing/Wspinaczka
Elliptical	Cardio/Trening kardio
HIIT	Fitness_Training/Zajęcia fitness
Cardio	Cardio/Trening kardio
Indoor Climbing	Climbing/Wspinaczka
Indoor Rowing	Cardio/Trening kardio
Pilates	Pilates/Pilates
Stair Stepper	Cardio/Trening kardio
Strength Training	Strength_training/Trening siłowy
Yoga	Yoga/Joga
Swimming	Swimming/Pływanie
Pool Swimming	Swimming/Pływanie

Open Water Swimming	Open_Water_Swimming/Pływanie na wodach otwartych
Walking	Walk/Spacer
Casual Walking	Walk/Spacer
Speed Walking	Walk/Spacer
Hiking	Hike/Wędrówka
Backcountry Skiing	Ski-Tour/Ski-Tour
Backcountry Snowboarding	Ski-Tour/Ski-Tour
Cross Country Classic Skiing	Cross-country_Skiing/Biegi narciarskie
Resort Skiing/Snowboarding	Cross-country_Skiing/Biegi narciarskie
Cross Country Skate Skiing	Cross-country_Skiing/Biegi narciarskie
Skating	Rollerblades/Rolki/Wrotki
Snowshoeing	Hike/Wędrówka
Other	Other/Inna
Boating	Rowing/Wioślarstwo
Floor Climbing	Fitness_Training/Zajęcia fitness
Horseback Riding	Horse_Riding/Jazda konna
Inline Skating	Rollerblades/Rolki/Wrotki
Kayaking	Kayak/Kajaki
Kiteboarding	Kitesurfing/Kitesurfing
Mountaineering	Hike/Wędrówka
Onshore Grinding	Strength_training/Trening siłowy
Paddling	Rowing/Wioslarstwo
Rock Climbing	Climbing/Wspinaczka
Rowing	Rowing/Wioślarstwo
Sailing	Sailing/Żeglarstwo
Stand Up Paddleboarding	SUP/SUP
Surfing	Surfing/Surfowanie
Tennis	Tennis/Tenis ziemny
Wakeboarding	Wakeboard/Wakeboard
Windsurfing	Kitesurfing/Kitesurfing
Gym & Fitness Equipment	Fitness_Training/Zajęcia fitness

Offshore Grinding	Strength_training/Trening siłowy
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STRAVA

Nazwa aktywności w Stravie	Nazwa aktywności w Activy
Run	Run/Bieg
Trail Run	Trail_Run/Bieg trailowy
Walk	Walk/Spacer
Hike	Hike/Wędrówka
Wheelchair	Wheelchair/Wózek
Ride	Bike/Rower
Mountain Bike Ride	Mountain_Bike/Rower górski
Gravel Bike Ride	Gravel_Bike/Rower gravelowy
E-Bike Ride	E-Bike/Rower elektryczny
E-Mountain Bike Ride	E-Bike/Rower elektryczny
Handcycle	Handcycle/Rower ręczny
Swim	Swimming/Pływanie
Surf	Surfing/Surfowanie
Stand Up Paddle	SUP/SUP
Windsurf	Surfing/Surfowanie
Kitesurf	Kitesurfing/Kitesurfing
Canoe	Canoe/Kanadyjka
Rowing	Rowing/Wioślarstwo
Kayak	Kayak/Kajaki
Sailing	Sailing/Żeglarstwo
Ice Skate	Ice_Skating/Łyżwy
Alpine Ski	Alpine_Skiing/Narciarstwo alpejskie
Nordic Ski	Cross-country_Skiing/Biegi narciarskie
Backcountry Ski	Ski_Tour/Ski_Tour
Snowboard	Snowboard/Snowboard
Snowshoe	Hike/Wędrówka
Inline Skate	Rollerblades/Rolki/wrotki

Roller Ski	Rollerblades/Rolki/wrotki
Workout	Strength_Training/Trening siłowy
Rock Climb	Climbing/Wspinaczka
Weight Training	Strength_Training/Trening siłowy
Elliptical	Cardio/Trening kardio
Stair Stepper	Cardio/Trening kardio
Crossfit	Crossfit/Crossfit
Yoga	Yoga/Joga
Skateboarding	Skateboarding/Deskorolka
Football	Football/Piłka nożna
Tennis	Tennis/Tenis
Pickleball	Tennis/Tenis
Racquetball	Squash/Squash
Squash	Squash/Squash
Badminton	Badminton/Badminton
Table Tennis	Table_Tennis/Tenis stołowy
HIIT	Fitness_Training/Zajęcia fitness
Pilates	Pilates/Pilates
Virtual Run	Virtual_Run/Bieżnia
Virtual Row	Rowing/Wioślarstwo
VirtualRide	Virtual_Bike/Trenażer

POLAR

Nazwa aktywności w Polar	Nazwa aktywności w Activy
Aerobics	Fitness_Training/Zajęcia fitness
Aqua fitness	Fitness_Training/Zajęcia fitness
Backcountry skiing	Ski-tour/Ski-tour
Badminton	Badminton/Badminton
Ballet	Dancing/Taniec
Ballroom	Dancing/Taniec
Basketball	Basketball/Koszykówka

Beach volley	Volleyball/Siatkówka
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Biathlon	Cross-country_Skiing/Biegi narciarskie
Body&Mind	Yoga/Joga
Boxing	Martial_Arts/Sporty walki
Canoeing	Canoe/Kanadyjka
Circuit training	Strength_Training/Trening siłowy
Classic XC skiing	Cross-country_Skiing/Biegi narciarskie
Classic roller skiing	Rollerblades/Rolki/wrotki
Climbing (indoor)	Climbing/Wspinaczka
Climbing (outdoor)	Climbing/Wspinaczka
Core	Strength_Training/Trening siłowy
Cross-country running	Run/Bieg
Cross-trainer	Cardio/Trening kardio
Cycling	Bike/Rower
Dancing	Dancing/Taniec
Downhill skiing	Alpine_Skiing/Narciarstwo alpejskie
Electric biking	E-Bike/Rower elektryczny
Enduro	Mountain_Bike/Rower górski
Fitness dancing	Dancing/Taniec
Football	Football/Piłka nożna
Freestyle XC skiing	Cross-country_Skiing/Biegi narciarskie
Freestyle roller skiing	Rollerblades/Rolki/wrotki
Functional training	Fitness_Training/Zajęcia fitness
Futsal	Football/Piłka nożna
Gymnastics	Fitness_Training/Zajęcia fitness
Handball	Handball/Piłka ręczna
High-intensity interval training	Fitness_Training/Zajęcia fitness
Hiking	Hike/Wędrówka
Ice skating	Ice_Skating/Łyżwy
Indoor cycling	Bike/Rower
Indoor rowing	Cardio/Trening kardio
Inline skating	Rollerblades/Rolki/wrotki
Jazz	Dancing/Taniec
Jogging	Run/Bieg
Judo	Martial_Arts/Sztuki walki

Kayaking	Kayak/Kajaki
Kettlebell	Strength_Training/Trening siłowy
Kickboxing	Martial_Arts/Sztuki walki
Kitesurfing	Kitesurfing/Kitesurfing
LES MILLS BARRE	Fitness_Training/Zajęcia fitness
LES MILLS BODYATTACK	Cardio/Trening kardio
LES MILLS BODYBALANCE	Fitness_Training/Zajęcia fitness
LES MILLS BODYCOMBAT	Fitness_Training/Zajęcia fitness
LES MILLS BODYJAM	Dancing/Taniec
LES MILLS BODYPUMP	Strength_Training/Trening siłowy
LES MILLS BODYSTEP	Fitness_Training/Zajęcia fitness
LES MILLS CORE	Strength_Training/Trening siłowy
LES MILLS GRIT Athletic	Cardio/Trening kardio
LES MILLS GRIT Cardio	Cardio/Trening kardio
LES MILLS GRIT Strength	Strength_Training/Trening siłowy
LES MILLS RPM	Cardio/Trening kardio
LES MILLS SH'BAM	Dancing/Taniec
LES MILLS SPRINT	Fitness_Training/Zajęcia fitness
LES MILLS THE TRIP	Cardio/Trening kardio
LES MILLS TONE	Fitness_Training/Zajęcia fitness
Latin	Dancing/Taniec
Martial arts	Martial_Arts/Sztuki walki
Mobility (dynamic)	Fitness_Training/Zajęcia fitness
Mobility (static)	Fitness_Training/Zajęcia fitness
Modern	Dancing/Taniec
Mountain bike orienteering	Mountain_Bike/Rower górski
Mountain biking	Mountain_Bike/Rower górski
Nordic walking	Nordic_Walking/Nordic walking
Open water swimming	Open_Water_Swimming/Pływanie na wodach otwartych
Other indoor	Other/Inne
Other outdoor	Other/Inne
Pilates	Pilates/Pilates
Pool swimming	Swimming/Pływanie
Riding	Bike/Rower

Road cycling	Road_Bike/Rower szosowy
Road racing	Road_Bike/Rower szosowy
Road running	Run/Bieg
Roller skating	Rollerblades/Rolki/wrotki
Rowing	Rowing/Wioslarstwo
Running	Run/Bieg
SUP	SUP/SUP
Sailing	Sailing/Żeglarstwo
Skateboarding	Skateboarding/Deskorolka
Skating	Ice_Skating/Łyżwy
Ski orienteering	Cross-country_skiing/Biegi narciarskie
Skiing	Cross-country_skiing/Biegi narciarskie
Snowboarding	Snowboard/Snowboard
Snowshoe trekking	Hike/Wędrówka
Soccer	Football/Piłka nożna
Spinning	Virtual_Bike/Trenażer
Squash	Squash/Squash
Step workout	Cardio/Trening kardio
Street	Dancing/Taniec
Strength training	Strength_Training/Trening siłowy
Stretching	Fitness_Training/Zajęcia fitness
Surfing	Surfing/Surfowanie
Swimming	Swimming/Pływanie
Table tennis	Table_Tennis/Tenis stołowy
Taekwondo	Martial_Arts/Sztuki walki
Telemark skiing	Cross-country_Skiing/Biegi narciarskie
Tennis	Tennis/Tenis
Track&field running	Run/Bieg
Trail running	Trail_Run/Bieg trailowy
Treadmill running	Virtual_Run/Bieżnia
Trotting	Horse_Riding/Jazda konna
Ultra running	Run/Bieg
Volleyball	Volleyball/Siatkówka
Wakeboarding	Wakeboard/Wakeboard
Walking	Walk/Spacer

Water skiing	Wakeboard/Wakeboard
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Wheelchair racing	Wheelchair/Wózek
Windsurfing	Surfing/Surfowanie
Yoga	Yoga/Joga
Multisport	Other/Inne
Off-road duathlon	Other/Inne
Off-road triathlon	Other/Inne
Triathlon	Other/Inne

SUUNTO

Nazwa aktywności w Suunto	Nazwa aktywności w Activy
Aerobics	Fitness Training/Zajęcia fitness
American Football	American football/Football amerykański
Aquathlon	Other/Inne
Badminton	Badminton/Badminton
Ball games	Other/Inne
Baseball	Baseball/Baseball
Basketball	Basketball/Koszykówka
Bowling	Other/Inne
Boxing	Martial arts/Sporty walki
Canoeing	Canoe/Kajakarstwo górskie
Circuit Training	Strength training/Trening siłowy
Climbing	Indoor climbing/Ścianka wspinaczkowa
Combat sport	Martial arts/Sporty walki
Cricket	Cricket/Krykiet
Cross-country Skiing	Cross-country skiing/Bieg narciarski
Crossfit	Crossfit/Crossfit
Crosstrainer	Elliptical trainer/Orbitrek
Cycling	Bike/Rower
Dancing	Dancing/Taniec
Downhill skiing	Alpine_Skiing/Narciarstwo alpejskie

Duathlon	Other/Inne
Fishing	Other/Inne
Fitness class	Fitness_Training/Trening fitness
Floorball	Other/Inne
Freediving	Diving/Nurkowanie
Frisbee golf	Other/Inne
Futsal	Football/Piłka nożna
Golfing	Golf/Golf
Gravel cycling	Gravel_Bike/Rower gravelowy
Gym	Strength_Training/Trening siłowy
Gymnastics	Fitness_Training/Trening fitness
Handball	Handball/Piłka ręczna
Hiking	Hike/Wędrówka
Horseback riding	Horse_Riding/Jazda konna
Ice hockey	Ice Hockey/Hokej na lodzie
Ice skating	Ice_Skating/Łyżwy
Indoor cycling	Bike/Rower
Indoor rowing	Cardio/Trening kardio
Indoor sports	Other/Inne
Jump rope	Cardio/Trening kardio
Kayaking	Kayak/Kajak
Kettlebell	Strength_Training/Trening siłowy
Kitesurfing	Kitesurfing/Kitesurfing
Mermaiding	Diving/Nurkowanie
Mountain biking	Mountain_Bike/Rower górski
Mountaineering	Hike/Wędrówka
Multisport	Other/Inne
Nordic walking	Nordic_Walking/Nordic walking
Obstacle racing	Obstacle Course Racing/Biegi OCR
Openwater swimming	Open_Water_Swimming/Pływanie na wodach otwartych
Orienteering	Trail_Run/Bieg trailowy
Outdoor gym	Strength_Training/Trening siłowy
Paddling	Kayak/Kajak

Padel	Padel/Pasel
Parkouring	Obstacle Course Racing/Biegi OCR
Racquet ball	Tennis/Tenis ziemny
Roller skating	Rollerblades/Rolki/wrotki
Roller skiing	Rollerblades/Rolki/wrotki
Rowing	Rowing/Wioślarstwo
Rugby	Rugby/Rugby
Running	Run/Bieg
Sailing	Sailing/Żeglarstwo
Scubadiving	Diving/Nurkowanie
Skateboarding	Skateboarding/Deskorolka
Ski touring	Cross-country_Skiing/Bieg narciarski
Snorkeling	Diving/Nurkowanie
Snow shoeing	Hike/Wędrówka
Snowboarding	Snowboard/Snowboard
Soccer	Football/Piłka nożna
Softball	Softball/Softball
Spearfishing	Diving/Nurkowanie
Squash	Squash/Squash
Standup paddling	SUP/SUP
Stretching	Stretching/Rozciąganie
Surfing	Surfing/Surfowanie
Swimming	Swimming/Pływanie
Swimrun	Other/Inne
Table tennis	Table_Tennis/Tenis stołowy
Telemarkskiing	Alpine_Skiing/Narciarstwo alpejskie
Tennis	Tennis/Tenis ziemny
Track and field	Run/Bieg
Trail running	Trail_Run/Bieg trailowy
Treadmill	Virtual_Run/Bieżnia
Trekking	Hike/Wędrówka
Triathlon	Other/Inne
Volleyball	Volleyball/Siatkówka

Walking	Walk/Spacer
Water sports	Other/Inne
Windsurfing	Kitesurfing/Kitesurfing
Yoga	Yoga/Joga